



SOUTHAMPTON CITY JUNIOR BEARS JUDO CLUB

**St Mary's Leisure Centre
2pm-3pm, Sundays**

Looking for a fun new way to learn self defence? Looking for a laid back, fun club to learn new skills? Then join the Southampton City Junior Bears Judo Club! This martial arts club is perfect for beginners and more experienced players and has opportunities for gradings and competitions.

LW@JUDOCOACH.COM